



To: Coventry Health and Wellbeing Board

Date: 8 October 2018

From: Liz Gaulton, Director of Public Health and Wellbeing, Coventry City Council

Title: 2017/18 Director of Public Health's Annual Report

1 Purpose

This paper updates the Health and Wellbeing Board on the 2017/18 Director of Public Health's Annual Report. The report includes recommendations for health and wellbeing partners across Coventry.

2 Recommendations

The Health and Wellbeing Board is asked to:

1. Note the content and recommendations of the 2017/18 DPH Annual Report;
2. Support the dissemination of the report; and
3. Endorse the actions proposed.

3 Background

This year's DPH Annual Report is entitled: 'Healthier for Longer: Ensuring healthier futures for our communities'. The report focuses on healthy ageing and the health of older people. It has been produced in partnership with the Adult Social Care directorate at Coventry City Council.

4 The health of Coventry's older population

Coventry has an estimated 50,400 residents aged 65 and over and 7,000 residents aged 85 and over. This population has been growing in recent years and is set to increase. By 2028, there will be an estimated 58,200 residents aged over 65 and 8,600 aged over 85. The population of those over the age of 75 is projected to increase by nearly 50% over the next 20 years.

The gap between healthy life expectancy and life expectancy is commonly referred to as the 'window of need' and tells us that individuals can expect to live significant periods of their life in poorer health. In Coventry, men can expect to live just over a fifth of their lives in poor health (16.3 years), whilst women can expect to live almost a quarter of their lives in poor health (19.5 years). These figures are comparable to the national averages and support findings from self reported health ratings.

5 Promoting prevention

The report takes the opportunity to highlight the importance of prevention and early intervention in promoting good health in later years, and managing the demand for health and social care services. Coventry is still behind the England average on many healthy behaviours and risk factors:

- 16.3% of Coventry residents over 16 smoke compared to the national benchmark of 15.5%.
- Adults meeting the recommended '5 a day' on a usual day is 51.2% in Coventry, which is worse than the national benchmark of 56.8.
- Percentage of physically active adults in Coventry is 59.3%, worse than the national benchmark of 66%.
- 64% of Coventry adults are classified as overweight or obese compared to the national benchmark of 61.3%.
- Compared to the national benchmark, Coventry has worse uptake of breast (70.7% vs 75.4%), cervical (70.1% vs 72%), bowel (56.4% vs 58.8%). The uptake for abdominal aortic aneurysm screening is similar (79.4% vs 80.9%).
- Coventry has a lower uptake of flu vaccination for older adults (69.3% vs 75.5%) and children (33.6% vs 38.1%). Uptake of the flu vaccination in at-risk groups is higher than the national benchmark (51.6% vs 48.6%). Uptake of the shingles vaccine is also lower (44.9% vs 48.9%). Uptake of the pneumococcal vaccine for older adults is similar to the national benchmark (69.3% vs 69.8%).

6 Actions to promote better physical and mental health of adults in Coventry

The report highlights activities across Coventry to promote good health and prevent ill-health across all age groups to support increases in healthy life expectancy. These include:

- Tackling loneliness and social isolation
- The new Healthy Lifestyles Coventry service commissioned by the Public Health team
- Supporting those at risk of fuel poverty
- Interventions from the Adult Social care team to promote early help and maintain independence
- Reducing delayed transfers from hospital

Progress has been achieved following the Living Well With Dementia Strategy 2014-17, with improvement in key outcomes for people living with dementia in Coventry.

7. Integrating health and care services

The report highlights the progress and commitment and across health and wellbeing providers to make sure that people receive the right care when they need it and in a way that meets their needs, and achieves their outcomes.

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Appendices

Coventry Director of Public Health Annual Report 2017/18